

Kidney Smart Is the Smart Start

Kidney Smart Classes



:: Kidney Disease Education :: Expert Educators :: No Cost ::

In class, you will learn:

- :: How kidneys function and the causes of chronic kidney disease
- :: How medications, diet, and nutrition work together to keep you healthy
- :: How to continue educating yourself and what treatment choices are available

Join us for an upcoming class at Providence Medical Center!

Classes are held the first Tuesday of each month, from 2:00 – 3:30 P.M., in the Keenan Education Center, Auditorium C.

To register:

- :: Call Mariah at [816-456-4648](tel:816-456-4648)
- :: Visit www.kidneysmart.org and click on find classes near you

Walk-ins Welcome!

